

# INTERNATIONAL FC

## RETURN TO PLAY PLAN

*In conjunction with Ontario Soccer and Canada Soccer, International Football Club ('IFC') has developed this plan for safely easing back into the sport of soccer. The plan uses a multi-phase approach that respects current Provincial protocols such as physical distancing, disinfecting and use of personal protective equipment that will permit the practice of various soccer activities in a progressive, flexible plan that will evolve as our Province changes COVID-19 management requirements.*

*Please note that these precautions are temporary, and Ontario Soccer will determine the timeline based on the provincial health authority guidelines. Timelines between phases may vary based on recommendations from the varying levels of governments.*

**Contact Us for any Questions Regarding this Return to Play Plan**

***info@intlfc.com***



**REVISED**

**1:43 pm, Jul 13, 2021**

# IFC SOCCER

## RETURN TO PLAY PLAN



### PRE-ACTIVITY ORIENTATION

- ✓ Review the steps outlined in the Canada Soccer Return to Soccer Guidelines
- ✓ Review provincial health authorities recommendations
- ✓ Review the Ontario Soccer Return to Play Guide
- ✓ Review any other procedures established by IFC Soccer
- ✓ Complete waiver forms



### WAIVER

- ✓ One time waiver form
- ✓ Must be completed by player and/or parent before participation
- ✓ Participation Agreement and Release Form
- ✓ To be collected by the Team Manager or Program Coordinator
- ✓ Participants must be registered in OSCAR before taking part in any scheduled activity



### SYMPTOM REPORTING

- ✓ Any staff/player/parent/coach who is exhibiting symptoms of illness should stay home, immediately inform your Coach or Club representative, get tested
- ✓ If tested positive, inform Emergency Response Plan Lead, Frank laizzo and the Club must begin contact tracing



### RETURN TO PLAY GUIDE/PLAN

- ✓ Principles outlined in this plan apply equally to recreational, competitive and high performance level soccer.
- ✓ Decisions regarding the timing of this Return to Play Guide three-phase process will be determined by Ontario Soccer and the Province of Ontario directives around public health and safety.
- ✓ If provincial health authorities determine that restrictions are to be reinstated, Ontario Soccer will inform all members
- ✓ Ontario Soccer, in conjunction with the provincial health authorities, will determine which phase/step is appropriate at that time



# IFC SOCCER

## PROVINCIAL GOVERNMENT FRAMEWORK WITHIN OUR RETURN TO PLAY PLAN



Note: Steps 2 and 3 are tentatively scheduled to start 21 days apart and subject to Government of Ontario assessment and approval. Ontario Soccer will advise membership confirmation of Steps through updated Information Bulletins that will include updates to this Return to Play Guide.

### Reference Guide (Steps) - OVERVIEW

	Step 1	Step 2	Step 3
Completion of Canada Soccer's Return to Soccer Risk Assessment Tool	YES	YES	YES
Club's own RTP Plan in alignment to Ontario Soccer's RTP Guide	YES	YES	YES
Safety Field Marshal	YES	YES	RECOMMENDED
Physical Distancing for Participants (2M)	YES	NO	NO
Equipment disinfecting after each training/game	YES	YES	YES
Use of Change Rooms	NO	NO	YES
Indoor Activities Permitted	NO	YES	YES
Outdoor Activities Permitted	YES	YES	YES
League Games or Scrimmages	NO	YES	YES
Travel to other Districts or Regions	NO	YES	YES
Trials/Tryouts/Open Evaluations/Camps	NO	YES	YES
Maximum number of Participants (Players, Coaches, Match Officials)	10/Field Quadrant	NO RESTRICTIONS	OUTDOOR: NO RESTRICTIONS INDOOR: NO RESTRICTIONS
Maximum number of Spectators	0*	25% OF FACILITY CAPACITY	75% OUTDOOR FACILITY CAPACITY OR 5000 SPECTATORS. 50% INDOOR FACILITY CAPACITY OR 1000 SPECTATORS.
Face Masks/Coverings	FIELD: NO BENCH: YES	FIELD: NO BENCH: NO	<b>PARTICIPANTS:</b> FIELD: NO BENCH: NO IN CHANGEROOMS, AND GOING TO AND FROM INDOOR EVENTS: YES <b>SPECTATORS:</b> YES IN ALL AREAS BOTH INDOOR AND OUTDOOR
Physical Distancing (2M)	YES	FIELD: NO BENCH: NO SPECTATORS: YES	<b>PARTICIPANTS:</b> FIELD: NO BENCH: NO EVERYWHERE ELSE: YES <b>SPECTATORS:</b> YES
Contact Tracing	YES	YES	YES
*Person under the age of 18 years who is engaged in activities in the facility may be accompanied by one parent or guardian.			

Ontario Soccer's Return to Play Guide (RTP) has been adjusted to better reflect the new government framework within our Soccer RTP **three-phase** approach.



# IFC SOCCER

## RETURN TO PLAY PLAN

### 1

### PHASE ONE – INDIVIDUALIZED TRAINING

#### Step 1: Individualized Outdoor Training

Date: June 11: 12:01AM.

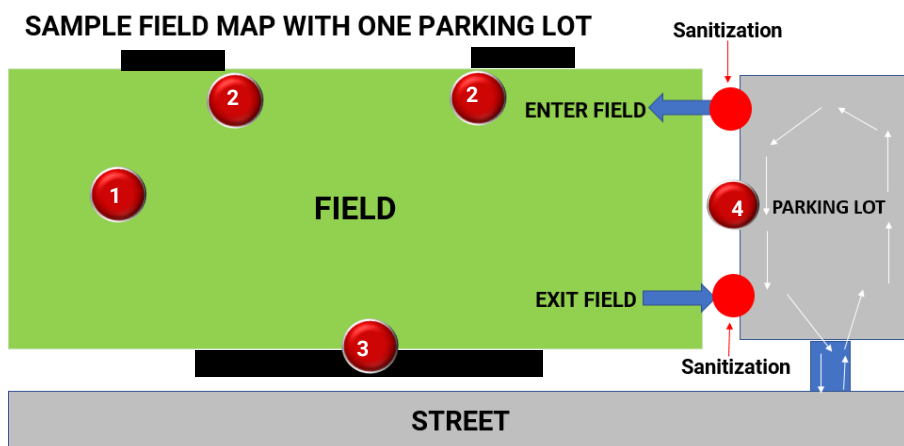
Conditions: Now met. Approved to begin.

Restrictions: Outdoor sports and training up to 10 participants at one time. 10 per field quadrant with distancing (2M).

No contact, no league, exhibition, festival or tournament games. No spectators permitted unless under the age of 18 years who is engaged in activities in the facility may be accompanied by one parent or guardian.

- Soccer organization must have completed 'Canada Soccer Return to Soccer Assessment Tool'.
- Ensure the organization's own Return to Play Guide is aligned with Ontario Soccer's Return to Play Guide & Government of Ontario guidelines prior to resuming activity.
- Ensure you have contact tracing in place for any activity.

#### Zones and Restrictions



- Zone 1: Field of play
- Zone 2: Bench and Technical Area
- Zone 3: Spectator area
- Zone 4: Ingress and Egress areas, Clubhouse, etc.



# IFC SOCCER

## RETURN TO PLAY PLAN



### PHASE ONE – INDIVIDUALIZED TRAINING

#### ZONE 1 – Field of Play

- The total number of participants permitted to be involved in individualized outdoor training activity at any one time is limited to ten (10) participants per field quadrant.
- Physical distancing of at least **two (2) meters** is required between all participants. (Players, Coaches). No contact between participants is permitted during this stage.
- No games or scrimmages are permitted.

#### ZONE 2 – Bench and Technical Area

- Masks must be worn by Coaches at all times and by any player sitting on the sidelines.
- Physical distancing of at least **two (2) meters** is required between all participants.

#### ZONE 3 – Spectator Area

- No spectators permitted unless under the age of 18 years who is engaged in activities in the facility may be accompanied by one parent or guardian.

#### ZONE 4 – Ingress and Egress Areas, Club house etc.

- Physical Distancing of **two (2) meters** required as participants enter and leave the field.
- Masks must be worn by everyone.
- Any locker rooms, change rooms, showers and clubhouses must be closed, except to the extent they provide access to equipment storage, a washroom or a portion of the facility that is used to provide first aid.
- All playing and/or training equipment must be cleaned and disinfected between each use.



# IFC SOCCER

## RETURN TO PLAY PLAN



### PHASE TWO – GROUP TRAINING & GAME-PLAY

#### Step 2: Team Training and League Games

Date: June 30, 2021: 12:01 am

Conditions: Now met, reopening to begin

Restrictions: None

- League, exhibition, festival and tournament games permitted. Spectator capacity limited to 25% of the facility capacity.
- Soccer organizations must have completed '*Canada Soccer's Return to Soccer Assessment Tool*'.
- All participants must be registered in OSCAR, Ontario Soccer's official participant registry.
- Ensure the organization's own Return to Play Guide (Safety Plan) is aligned with Ontario Soccer's Return to Play Guide prior to resuming activity.
- Ensure you have registered contact tracing in place for any activity with all records held for 30 days.

#### ZONE 1 – Field of Play

- No restrictions.

#### ZONE 2 – Bench and Technical Area

- No restrictions.

#### ZONE 3 – Spectator Area

- The number of spectators is limited to 25% of the facility capacity and must allow for the maintenance of physical distancing of two (2) meters.

#### ZONE 4 – Ingress and Egress Areas, Club house etc.

- Physical Distancing of two (2) meters required as participants enter and leave the field.
- Locker rooms, change rooms, showers and clubhouses must be closed, except to the extent they provide access to equipment storage, a washroom or a portion of the facility that is used to provide first aid.
- All playing and/or training equipment must be cleaned and disinfected between each use.



# IFC SOCCER

## RETURN TO PLAY PLAN



### PHASE TWO – GROUP TRAINING & GAME-PLAY

#### Step 3: Continuation of Team Training and League Games

Date: July 16, 2021: 12:01 am  
Immunization Conditions: Now met, expanded reopening begins  
Restrictions: None

##### ZONE 1 – Field of Play

- No restrictions.

##### ZONE 2 – Bench and Technical Area

- No restrictions.

##### ZONE 3 – Spectator Area

- The number of spectators is limited to 50% of the INDOOR facility capacity or 1000 spectators whichever is less and 75% of the outdoor facility capacity or 5000 spectators whichever is less. All spectators must maintain physical distancing requirement of two (2) meters. All spectators are required to wear masks.

##### ZONE 4 – Ingress and Egress Areas, Club house etc.

- Physical Distancing of two (2) meters required as participants enter and leave the field.
- Locker rooms, change rooms, and showers can be used. Masking and Physical Distancing of two (2) metres must be maintained.
- All playing and/or training equipment must be cleaned and disinfected between each use



# IFC SOCCER

## RETURN TO PLAY PLAN

3

### PHASE THREE – RETURN TO SOCCER

All restrictions are lifted indoors/outdoors and regular competition and training can resume as normal.

- Games should be scheduled to consider reducing traffic between groups arriving and departing
- Recommended that game lengths be reduced in order to avoid fatigue, burnout and potential injury if there is game congestion in scheduling
- In leagues where there are substitution restrictions, recommended to allow for unlimited substitutions throughout the match to avoid fatigue and injury





# IFC SOCCER

## RETURN TO PLAY PLAN

### CANADA SOCCER

### AGE AND STAGE CONSIDERATIONS



#### Active Start U6 and younger (parent and child to 3v3)

- 1 Player + 1 Parent/Guardian/Sibling
- Children at this age may struggle to maintain social distancing and to complete technical based activities.
- Using a parent or sibling will aid the coaches to deliver different activities as the child will have a parent/guardian/sibling to help manage them and some of the logistics to ensure social distancing is maintained.
- Be overly conservative when spacing out areas to maintain social distancing.



#### FUNDamentals U7-U9 (U7-U8 5v5, U9 7v7)

- 1 Player + 1 Parent/Guardian/Sibling
- Children at this age often need interaction with someone to remain engaged and complete technical based activities.
- Players may not have yet developed focus to find isolated practices with a ball enjoyable. Therefore, utilizing a parent/guardian/sibling to partake in the practice will provide a more fulfilling experience as it will increase the number of different activities the athlete can experience. As someone from their own household does not need to maintain social distancing from the player. This will help create opportunities to plan activities that include a partner or opposition.
- Be overly conservative when spacing out areas to maintain social distancing.



#### Learn 2 Train U10-U12 (U10 7v7, U11-U12, 9v9)

- Athletes at the L2T stage should be engaged in the progression of activities during the different phases.
- Engaging them about their strengths and weaknesses within different activities will assist the coaches in giving the players individualized tasks.
- The individualized consideration will help keep the players engaged and focused. Creating fun challenges that include social outcomes will provide an enjoyable and exciting practice to participate in.
- Be conservative when spacing out areas to maintain social distancing



#### Soccer 4 Life U13+ - (modified games up to 11 v 11)

- Athletes at the S4L stage should be engaged in the progression of activities during the different phases.
- Engaging them about their strengths and weaknesses within different activities will assist the coaches in giving the players individualized tasks.
- The individualized consideration will help keep the players engaged and focused. Creating fun challenges that include social outcomes will provide an enjoyable and exciting practice to participate in.
- Players should understand what social distancing is, and be able to respect the social distancing requirements in place.

# IFC SOCCER

## RETURN TO PLAY PLAN



### PRECAUTIONS FOR PHASES 1 – 3

- All players, coaches, and volunteers must complete TeamSnap "Health-Check" or Ontario COVID-19 Self-Assessment before attending training/game.
- Activities may be outdoors/indoors, with limited access to clubhouse or bathroom facilities.
- Travel is not authorized to events/competition outside of Ontario
  - Phase 1 & 2 – stay within own district (indoors)/region (outdoors)
  - Phase 3 – travel only within Ontario
- All activities are required to have, at minimum, hand sanitizer readily available (provided by coach/club/each player)
- Hands must be washed or sanitized before and after each activity as monitored by a designated adult (coach, parent, volunteer)
- Coaches and players will be allowed and encouraged to wear mask/coverings during training
  - Wearing a face mask/covering while out in public is recommended for periods of time when it is not possible to consistently maintain a two (2) meter physical distance from others, particularly in crowded public settings, such as training and competition facilities.
- All participants are required to have their own labeled water bottle and should be kept at least 2 meters from other participants belongings
- The owner of the equipment (balls, cones, nets, etc.) must wipe down and sanitize all equipment before and after each training practice or game
- All players are to ensure their playing/training kits are washed immediately after each use
- No loitering in the parking lot before or after training or games for all participants
- If parents are allowed to be at a field, they must observe physical distancing regulations/guidelines
- Parents should consider staying on site (parking lot or in car) in case of emergency
- Timelines between RTP phases will be based on provincial guidelines to facilitate monitoring of any possible COVID-19 transmission within a practice group. Contact health authorities if an athlete, coach, or referee has contracted COVID-19 and support the authorities in contact tracing.
- All injuries should be dealt with by a designated coach who should be wearing a mask and gloves, or the parent/guardian if possible



# IFC SOCCER

## RETURN TO PLAY PLAN



### PHASE ONE & TWO RECOMMENDATIONS

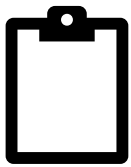
#### GRASSROOTS/ACADEMY/FACILITY

- If an individual is exhibiting symptoms related to COVID-19, they must be sent home immediately. If an individual is experiencing symptoms of fever, cough, shortness of breath, runny nose or sore throat, they are legally obligated to self-isolate. As per the Declaration of Compliance, they are NOT permitted to return to training for 14 days from the day they last experienced symptoms.
- Consider allowing two or more siblings to potentially participate in a particular training group.
- To reduce the overlap of groups arriving and leaving, it is recommended to add 15-minute buffer times between practices.
- Provide information to coaches and parents about each facility. For example, which field access points will be used for entrance and exit of the field to reduce bottlenecks and facilitate physical distancing. Implement cleaning protocols as well as pick-up/drop-off and spectator procedures.
- Adhere to facility restrictions or maximum capacities for facilities. Prioritize small game formats where possible (Phase 2).
- Comply with any additional requirements imposed by the venue.
- Develop protocols for thunder/lightning (“When thunder roars, go indoors”). The indoor venues available may not be suitable given existing physical distancing and occupancy restrictions. Parents should remain in the car to offer safety from inclement weather. Practices should be canceled when the forecast calls for a chance of thunder/lightning.
- Provide safe spacing for participants personal belongings which respects physical distancing.
- For modified games, a field marshal should be appointed to ensure compliance with social distancing rules and safety protocols. The field marshal should be a recognized authority within the soccer organization.
- Participation should be limited to the ages and levels that understand and can adhere to the distancing measures and recommendations issued by the provincial government health authorities.
- Limit the number of team staff (coaches, trainers, etc.) that are on field, noting the requirement to have a specific number of coaches to lead the session while adhering to the Rule of Two.
- Game sheets must have an area where the coach will confirm that players have acknowledged no COVID-19 symptoms.
- Establish protocol for attendance to be taken at each training session.



# IFC SOCCER

## RETURN TO PLAY PLAN



### PHASE ONE & TWO RECOMMENDATIONS

#### COACH

- Coaches hold an online pre-activity orientation with players and parents regarding safety protocols— i.e., social distancing, modified training, pick up and drop off, hand washing, cough suppression, no spitting or nose clearing, etc., prior to commence your first training.
- Regarding equipment cleaning, do not go home and then clean – contaminated items may travel into coaches' home environment. This should be done publicly. Only Coaches/Staff should handle equipment.
- Wear face masks/coverings.
- Coaches should specify in advance which shirt (light or dark) they'd like each athlete to wear to eliminate the need for athletes to change in public at fields.
- Avoid using shared pinnies or any other additional equipment.
- Limit hand contact to equipment.
- At the Active Start (U4-6) and Fundamental (U7-9) stages, it is encouraged to use family members of players to support on-field delivery as physical distancing would not apply to people from the same household (i.e., child, parent, & ball).

#### Activity Recommendations:

- Structure activities to maximize physical distancing.
- Age Appropriate recommendations may need to be taken when designing activities, for example, Active Start and Fundamentals players may need a parent/sibling or volunteer staff to participate with them. This will allow for coaches to have support managing the group of players.
- Design activities so athletes may stay within their existing small groups to reduce amount of contact with different people.
- Use cones and other equipment to ensure appropriate spacing is in place to support distancing.
- Regular sanitization breaks combined with water breaks.



# IFC SOCCER

## RETURN TO PLAY PLAN



### PHASE ONE & TWO RECOMMENDATIONS

#### PARENT/GUARDIAN

- Ensure child is healthy and no sign of COVID-19 symptoms.
- Only one parent/guardian attending soccer activities.
- At home, ensure all the player's equipment is washed separately from the other household items.
- Consistently follow good hygiene and public health measures, including frequent hand washing and physical (social) distancing.
- Drop and pick up player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator, if allowed



### PHASE ONE & TWO RECOMMENDATIONS

#### PLAYER

- Before entering the field for training/games, all players must complete TeamSnap Health Check or Ontario COVID-19 Self-Assessment prior to participating.
- To protect others, you should:
  1. stay at home if you are ill
  2. maintain a 2-metre physical distance from others
    - a. when physical distancing cannot be maintained, consider wearing a non-medical mask or homemade face covering
  3. avoid touching your face, mouth, nose or eyes
- Ziploc bag containing: (clearly labeled)
  - Labeled water bottle - where mouth spout is covered by lid and not to open air. Do not share water bottles.
  - Two (2) masks – in case one gets dirty/compromised
  - Tissues for any allergies or to blow nose for non-illness related circumstances
  - Hand sanitizer and wipes
- Players are responsible to bring personal player equipment to the field in order to practice and should be sanitized at the field; includes goalkeeper gloves.
- Soccer organizations can loan balls to players if they do not have one.
- If you experience any of the symptoms, please follow recommendations and contact your medical health provider.
- Do not carpool unless with immediate family members.
- Always follow the instructions from coaches and respect physical distancing.
- Arrive no more than 15 minutes prior to activity commencing.
- Do not congregate at the facility entry / exit point.
- Arrive prepared to train – changing rooms will not be in use.
- Follow the hygiene protocols in this document.
- All “non-essential” contacts should be avoided (handshakes, high 5's, etc.).



# IFC SOCCER

## RETURN TO PLAY PLAN



### PHASE TWO & THREE RECOMMENDATIONS

**MATCH OFFICIAL** - See all Recommendations and Guidelines for Match Officials

- It is recommended that all Match Officials utilize the “Self-Check” on Ontario COVID-19 Self-Assessment App
- Match Officials can officiate games within their region only.
- Referees do not need to be involved in Phases 1, but they will be involved in structured games in Phase 2 and/or 3.
- Referees are to come dressed to the game, so they have no need for changing rooms.
- Referees should not share any gear (watches, flags, pens, cards).

### Discipline Adjustments:

- ❖ Automatic cautions for any players who are involved in face-to-face (but non-mass confrontation) interactions. Shoving, jostling, and fighting for space will result in a straight Yellow Card for Unsportsmanlike Behavior.
- ❖ Serious physical altercations will result in an automatic red card.
- ❖ Mass confrontations will result in automatic dismissals for all involved.
- ❖ There will be ZERO tolerance for spitting on or around the field of play. This will result in an automatic dismissal from the game. Spitting does not have to be directed at anyone for the dismissal.

### Officiating Adjustments:

- ❖ Player inspections may still be completed, but must be at a distance of no less than two (2) meters (6 feet).
- ❖ Match Officials are to use their foot to pass the ball when transferring to a player (i.e. free kicks), or direct the player to retrieve the ball themselves.
- ❖ It is optional for Assistant Referees to wear face shields/masks as they are positioned closer to spectators and benches. This provides an additional level of protection.

### Safety Process Adjustments:

- ❖ The Thunder and Lightning Policy will be adjusted to read that if the game is stopped for severe weather, then the game is over in order to avoid gathering of participants in confined areas, and will not be rescheduled due to availability of fields/officials etc.
- ❖ With modified games, a field marshal should be appointed to ensure compliance with social distancing rules and safety protocols. The field marshal should be a recognized authority within the soccer organization. This is not the role of Match Officials.
- ❖ When a player is injured, Match Officials may only observe and refer assistance to the applicable team bench. There is to be no Match Official contact with the player. Only team medical personnel, following proper health and safety protocols may assist the injured player.
- ❖ There will be no handshakes or high 5's between players, match officials, coaches before, during or after the game.
- ❖ Match Officials have the right to abandon any game where the required COVID-19 protocols are not being followed. In these cases, it must be reported on a Special Incident Report to the appropriate authorities.





# RETURN TO PLAY

## TECHNICAL RESOURCES



### SAMPLE TRAINING ACTIVITIES

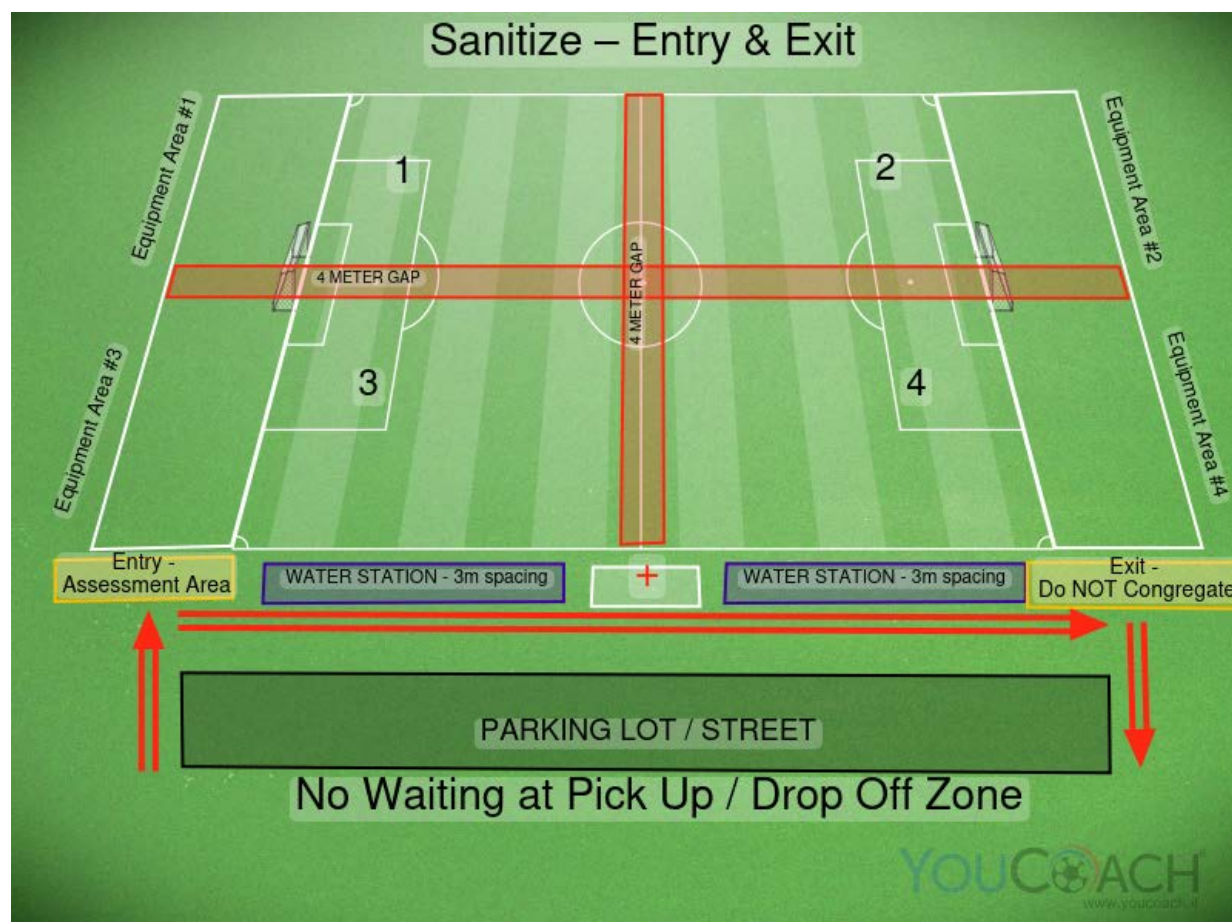
#### PLAYER MANAGEMENT & SESSION OVERVIEW

- Training Activities are designed to support Grassroots and Academy in delivering soccer programs while adhering to the protocols and recommendations in place
- Session Duration: 60 to 90 minutes
  - Rest & Transitions: 5 to 10 minutes
- Indicate which player(s) are allocated to each training group/zone
- Use cones that delineate physical distancing parameters



### FACILITY TRAINING GROUND

#### SAMPLE FIELD LAYOUT





# COVID-19

## Patron Screening Poster

All patrons must self-screen before entering the premises.

### 1.) Do you have any of the following new or worsening symptoms or signs?\*



Fever or chills



Cough



Difficulty breathing or shortness of breath



Sore throat or trouble swallowing



Runny or stuffy nose



Decrease or loss of taste or smell



Nausea, vomiting or diarrhea



Not feeling well, extreme tiredness or sore muscles



Pink eye or headache

If "YES" to any symptom:



Stay home & self-isolate



Get tested

Or



Contact a health care provider

\*If you have an existing health condition that gives you the symptoms you should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your normal symptoms.

2.) Does anyone in your household have one or more of the above symptoms?

☐ Yes ☐ No

3.) Have you been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate?

☐ Yes ☐ No

4.) In the last 14 days, have you or anyone in your household travelled outside of Canada?

☐ Yes ☐ No

If "YES" to Questions 2, 3 or 4:



Stay home



Follow Public Health advice

Developed in accordance with recommendations and instructions issued by the [Office of the Chief Medical Officer of Health](#)

Updated March 12, 2021











[INTLFC.COM/COVID19](https://intlfc.com/covid19)


















# RETURN TO PLAY PHASE CHECKLIST

All precautionary measures are in effect through all stages

PHASES	1	2	3
Public gathering numbers are restricted to provincial guidelines			
Distancing between different groups who are training simultaneously, near one another must be at least 2 metres; increasing the distance is actively encouraged			
No opposition games where players will come into contact with each other			
Structure activities to maximize physical distancing			
Each player brings their own ball (if possible)			
Equipment that is shared (team balls, cones, nets, etc.) must only be handled by the owner of the equipment. (ie., in most cases, a coach)			
No heading and no hand contact with the ball (except for GKs wearing gloves in Phase 2)			

# RETURN TO PLAY PHASE CHECKLIST

All precautionary measures are in effect through all stages

PHASES	1	2	3
Recommended bibs/pinnies are not to be used; each player can bring two of their own jerseys (light & dark)			
No spectators are allowed at training except where having appropriately screened (EPIC) adults is required			
Any Club owned/operated Clubhouse used for the purpose of administration should follow provincial health guidelines as they relate to occupancy and safety concerns			
All participants should come dressed; ready to participate			
Prolonged physical contact (ie. team/group meetings/discussions/embraces, etc.) should be actively discouraged			
Benches should be removed			
Scheduled competition may resume			

# RETURN TO PLAY FAQs



**HOW LONG WILL EACH PHASE LAST?** The length of each phase will be determined by the Ontario Soccer Return to Play Guidelines. Phase 1 will last until the end of the 2021 season. Phase 2 will last until the end of the 2022 season. Phase 3 will last until the end of the 2023 season. Phase 4 will last until the end of the 2024 season. Phase 5 will last until the end of the 2025 season. Phase 6 will last until the end of the 2026 season. Phase 7 will last until the end of the 2027 season. Phase 8 will last until the end of the 2028 season. Phase 9 will last until the end of the 2029 season. Phase 10 will last until the end of the 2030 season.

## WHEN CAN IFC GRASSROOTS FESTIVALS RESUME?

Grassroots Festivals would be able to return in Phase 2 with the introduction of Small Game Formats from 1v1 to 7v7 or Inter-squad and Intra-squad modified games (within the Club/Academy). See Match Officiating section (Phase 2 Laws of the Game Adjustments)

## ONCE COMPETITION RESUMES, HOW LONG WILL THE ACADEMY OUTDOOR SEASON BE?

The length of the outdoor competition season will be decided by the District Associations. Exhibitions, Tournaments/Festivals and League participation will further depend on amended Phase 2 restrictions, field availability and cohort groupings set out by the Ontario Soccer Return to Play Guidelines based on provincial health authority recommendations.

## WHEN CAN TOURNAMENTS AND LEAGUES RESUME?

Local Tournaments and Leagues would be allowed to resume in Phase 2 (Step 2) of the Ontario Soccer Return to Play Guidelines, but would be dependent on provincial health authority recommendations.

## WHEN CAN TRAVEL TO COMPETITIONS OUTSIDE OF ONTARIO RESUME?

Travel outside of Ontario for competition will be dependent on recommendations from the provincial health authorities. We currently anticipate this will be allowed in Phase 3 of Ontario Soccer RTP Guide.

## ARE TRIAL PLAYERS ABLE TO PARTICIPATE IN RETURN TO PLAY PHASES?

Trial activities can be run during Phase 2 within each Region only. The following must be adhered to:

- Players must be all registered in OSCAR
- Players must show proof of registration for outdoor 2021
- A Contact Tracing Log must be completed for each session
- Players must complete the Participation Agreement and Release Form.

