

WHEN **NOT** TO PLAY



Stay home and consult a doctor if you don't feel well or have any symptoms below. Have your parent or guardian advise the Academy.

- *COVID-19 exposure in past 14 days*
- *Fever at or above 38 degrees celsius*
- *Chills*
- *Cough*
- *Shortness of breath/difficulty breathing*
- *Significant headache*
- *Difficulty swallowing*
- *Sore throat*
- *Hoarse voice*
- *Sinus congestion*
- *Runny nose*
- *Sneezing*
- *Joint aches and soreness*
- *Decreased sense of taste/smell*
- *Unexplained fatigue*
- *Pink eye*
- *Nausea*
- *Vomiting or diarrhea*
- *Abdominal pain*

KEEP YOUR TEAM SAFE.