



PERSONAL PROTECTIVE EQUIPMENT

What do I need to know about face masks or personal protective equipment (PPE) in Phase I and II return to play soccer?

Wear PPE when arriving or departing training, and when you're not being physically active during training. Coaches should wear PPE for the duration of training.

Wearing PPE when you're physically active during the training is not considered mandatory.

For participants who choose to wear PPE while physically exerting themselves, be sure to discuss your choice in advance with your physician to determine any risks.

Your PPE should:

- *Cover the nose and mouth*
- *Be new and/or clean*
- *Be breathable*
- *Consist of at least 2 layers of cotton or linen type material*
- *Follow Municipal and Provincial Government guidelines*