



ADVICE FOR PARENTS & GUARDIANS

Stay informed.

Review all safety recommendations and ensure your family follows them. Support the coach and organization in adhering to all safety recommendations.

Stay safe.

If possible, do not attend training. Stay in your car or away from the training field. Socially distance from other parents at all times. Avoid carpools/ridesharing if able. Ensure your player's gear and clothing are cleaned immediately at home after training.

Stay in touch.

Obtain the contact information of relevant staff in case of questions or concerns. Communicate and stay at home if you, your player or family are unwell or exposed to COVID-19.

For more information, visit
[INTLFC.COM/COVID19](https://intlfc.com/covid19)