

What is the rule on playing up?

U-	Players	Teams
U6	U6 players cannot hold a travel team pass and cannot play travel team soccer. They may participate in the Club's Recreation program.	NJYS does not allow for U6 travel teams.
U7	U7 players cannot play on a U8 or higher SJSL travel team. U7 players cannot play out of state.	NJYS does not allow for U7 travel teams.
U8	U8 players can play on a U8, U9, or U10 travel team. Whether a U8 player can play up on a U9 or U10 team is a club decision. U8 players cannot play out of state.	SJSL U8 teams can only have U8 age appropriate players on its roster. U7 players may not play up on a U8 team. The roster size is limited to 14 players at any one time and a maximum of 20 players being on the roster during the seasonal year.
U9	U9 players can play on a U9, U10, or U11 travel team. U9 players cannot play up on a U12 or higher team. Whether a U9 player can play up on a U10 or U11 team is a club decision. U9 players cannot play out of state.	U9 teams can only have U9 and U8 players on its roster. The roster size is limited to 14 players at any one time and a maximum of 20 players being on the roster during the seasonal year. There is no majority rule.
U10	U10 players can play on a U10, U11, or U12 travel team. U10 players can play up on an U11 or U12 team with club approval. U10 players cannot play out of state.	U10 teams can only have U10, U9 and U8 players on its roster. The roster size is limited to 14 players at any one time and a maximum of 20 players being on the roster during the seasonal year. There is no majority rule.
U11	U11 players can play on a U11, U12, or U13 travel team. U11 players can play up on an U12 or U13 team with club approval.	U11 teams can only have U11, U10 and U9 players on its roster. The roster size is limited to 18 players at any one time and a maximum of 24 players being on the roster during the seasonal year. Game day rosters are limited to 16 players. There is no majority rule.
U12	U12 players can play on a U12, U13, or U14 travel team. U12 players can play up on an U13 or U14 team with club approval.	U12 teams can only have U12, U11 and U10 players on its roster. The roster size is limited to 18 players at any one time and a maximum of 24 players being on the roster during the seasonal year. Game day rosters are limited to 16 players. There is no majority rule.
U13	U13 players can play on a U13, U14, or U15 travel team. U13 players can play up on an U14 or U15 with club approval.	U13 teams can have U13, U12 and U11 players on its roster. The roster size is limited to 22 players at any one time and a maximum of 28 players being on the roster during the seasonal year. Game day rosters are limited to 18 players. There is no majority rule.
U14	U14 players can play on a U14, U15, or U16 travel team. U14 players can play up on a U15 or U16 with club approval.	U14 teams can have U14, U13 and U12 players on its roster. The roster size is limited to 22 players at any one time and a maximum of 28 players being on the roster during the seasonal year. Game day rosters are limited to 18 players. There is no majority rule.
U15-19	U15 and above players may play up with club approval.	U15 and above teams may have players that are playing up with club approval. The roster size is limited to 22 players at any one time and a maximum of 28 players being on the roster during the seasonal year. Game day rosters are limited to 18 players. There is no majority rule.