

CHOOSING THE CORRECT SIZE

Measurements refer to body size, not garment dimensions, and are in inches unless otherwise noted. When choosing sizes, height and weight are most important. We provide age as a rough guideline.

HOW TO MEASURE HEIGHT

Stand with feet slightly apart, without shoes, and back to the wall. Measure from the top of the head to the floor.

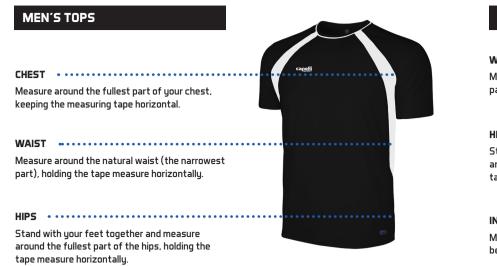
BETWEEN SIZES

In cases where your body measurements are in between two sizes, we recommend you choose the smaller size for a tighter fit and the larger size if you prefer a looser fit.

Pant fit: If your body measurements for hip and waist result in two different suggested sizes, we recommend choosing the size that matches to your hip measurement.

Top fit: If your body measurements for chest and waist result in two different suggested sizes, we recommend to order the size that matches to your chest measurement.

MEN'S

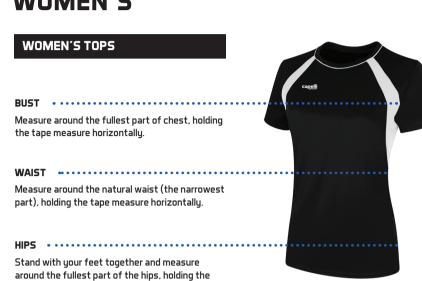


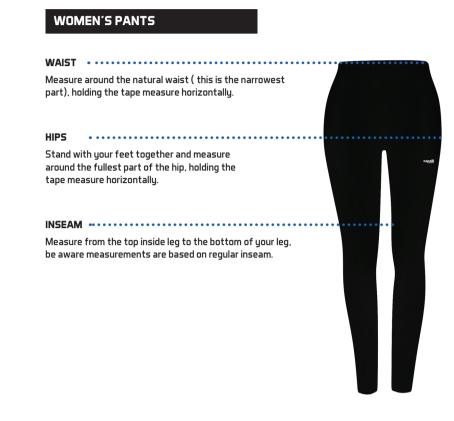
MEN'S PANTS WAIST Measure around the natural waist (this is the narrowest part), holding the tape measure horizontally. **HIPS** •••••••••• Stand with your feet together and measure around the fullest part of the hip, holding the tape measure horizontally. Measure from the top inside leg to the bottom of your leg, be aware measurements are based on regular inseam.

MEN'S SPORTS	WEAR & TRAINING						capelli
SIZE	5 (30 - 32)	M (34 - 36)	L (38 - 40)	XL (42 - 44)	XXL (46 - 48)	XXXL (50 - 52)	XXXXL (54 - 56)
INSEAM	32"	32"	32.5"	32.5"	32.5"	32.5"	32.5"
CHEST	34 - 37"	37 - 40"	40 - 44"	44 - 48"	48 - 52"	53 - 58"	59 - 62"
WAIST	30 - 32"	32 - 35"	35 - 39"	39 - 43"	43 - 47"	48 - 53"	54 - 58"
HIP	35 - 37"	37 - 40"	40 - 44"	44- 48"	48 - 51"	51 - 56"	57 - 61"
	_	_		_	_	_	_

WOMEN'S

tape measure horizontally.





WOMEN'S SPO	RTSWEAR & TRAINING					capelli
SIZE	XS (0 - 2)	5 (4 - 6)	M (8 - 10)	L (12 - 14)	XL (16 - 18)	XXL (20 - 22)
INSEAM	30"	30.5"	31"	31"	31.5"	32"
BUST	30 - 32"	33 - 35"	36 - 37"	38 - 41"	41 - 44"	44 - 47"
WAIST	24- 25"	26 - 28"	29 - 31"	32 - 34"	35 - 38"	38 - 41"
HIP	33 - 35"	36 - 38"	39 - 41"	41 - 43"	44 - 47"	47 - 49"

YOUTH

YOUTH SPORTS	SWEAR & TRAINING					capelli
SIZE	XXS (4-5)	XS (6-7)	5 (8)	M (10-12)	L (14-16)	XL (18-20)
HEIGHT	41 - 44"	44.5 - 46.5"	50 - 57"	58 - 63"	64 - 67"	68 - 72"
WEIGHT	38 - 44	45 - 54	59 - 86	87 - 114	115 - 137	138 - 150

SHOES

MEN'S SHOE SIZE CHART

US

EURO

UNISEX SHOE CONVERSION CHART

5.5

34 - 35

6

6.5

36 - 37

YOUTH SHOE SI	ZE CHAF	₹T															c	apelli
US	11K	12K	12.5K	13K	13.5K	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7
EURO	28	29.5	30	31	31.5	32	33	33.5	34	35	35.5	36	36.5	37.5	38	38.5	39	40
UK	10.5	11.5	12	12.5	13	13.5	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6
JP	17	18	18.5	19	19.5	20	20.5	21	21.5	22	22.5	23	23.5	23.5	24	24	24.5	25

US	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14	14.5	15
EURO	38.5	39	40	40.5	41	42	42.5	43	44	44.5	45	45.5	46	47	47.5	48	48.5	49	49.5
UK	5.5	6	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14
JP	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	30.5	31	31.5	32	32.5	33
WOMEN'S SHO	E SIZE C	HART																C	apelli

8.5

9

40 - 41

9.5

10

10.5

42 - 43

11

11.5

44 - 45

12

capelli

49

15

49.5

7.5

EURO	35.5	36	36.5	37.5	38	38.5	39	40	40.5	41	42	42.5	43	44	44.5
UK	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5
JP	22	22.5	23	23.5	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29
					-						-				
SLIDES															capelli
US		2-3		4-5			6 - 7		8-9			10 - 11		12 - 13	3

UK	1-2	3 - 4	4-5	6 - 7	8 - 9	10 - 11
INSOLE	232 MM	248 MM	264 MM	280 MM	298 MM	312 MM
-	UNLESS OTHERWISE S THE CORRECT US WON					VING CHART:

38 - 39

US 4.5 5Y 5.5Y 7Y/7 7.5 9.5 13 3.5Y **4**Y 6Y/6 8 9 10.5 12 12.5 13.5 14 14.5 8.5 10 11 11.5 MEN'S / EURO 35.5 37.5 38.5 40 40.5 41 42 42.5 43 44 44.5 45 45.5 46 47 47.5 48 48.5 36 36.5 38 39 YOUTH

L

SHOE SIZE	UK	3	3.5	4	4.5	5	5.5	6	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14
JIZL	JP	22.5	23	23.5	23.5	24	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	30.5	31	31.5	32	32.5	33
	US	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12									
WOMEN'S SHOE	EURO	35.5	36	36.5	37.5	38	38.5	39	40	40.5	41	42	42.5	43	44	44.5									
SIZE	UK	2.5	m	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5									
	JP	22	22.5	23	23.5	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29									
ACCE	SSOR	IE.	5																						

capelli

XL

SOCKS SOCKS

XS

1-2.5

YOUTH SHOE SIZE

STEP 1

STEP 3

10

11

12

SOCK SIZE

MEN SHOE SIZE				7 - 8.5	9 -13
WOMEN SHOE SIZE		4.5 - 6	6.5 - 8	8.5 - 10	
EURO	31 - 33	34 - 36	37 - 39	40 - 42	43 - 47
UK	13.5K - 2	2.5 - 4	4.5 - 6	6.5 - 8	8.5 - 12
GOALKE	EPER GL				

M

5 - 6.5

S

3 - 4.5

Measure the circumference of your hand, just below the knuckles, excluding your thumb. ••••• STEP 2

•••••

Measure both hands and order the bigger size if they're different. •••••

Your gloves should fit slightly large, generally 1/2" to 1" over the end of your finger tips. A glove that is too big can cause you to have less control, so getting the right size is important. HAND CIDCUMEEDENCE HAND CIDCUMEEDENCE

Round the measurement up to the next whole number and add 1 (Ex. 7.5" rounds up to 8 + 1 = 9). This is your ideal glove size.

GLOVE SIZE	(CENTIMETERS)	(INCHES) capelli
5	7.62 - 10.16 cm	3 - 4"
6	10.16 - 12.7 cm	4 - 5"
7	12.7 - 15.24 cm	5-6"
8	15.24 - 17.78 cm	6 - 7"
9	17.78 - 20.32 cm	7 - 8"
10	20.32 - 22.86 cm	8 - 9"
11	22.86 - 25.4 cm	9 - 10"

9	17.78 - 20.32 cm	7 - 8"				
10	20.32 - 22.86 cm	8 - 9"				
11	22.86 - 25.4 cm	9 - 10"				
12	25.4 - 27.94 cm	10 - 11"				
DON'T FEEL LIK	E MEASURING YOUR HAND? THESE G	UIDES CAN APPROXIMATE YOUR SIZE:				
GLOVE SIZE	HEIGHT	AGE				
4/5	4'6" - 4'8"	7 - 9				
6	4'9" - 5'0"	10 - 12				
7	5'0" - 5'3"	10 - 12				
8	5′4″ - 5′7″	Adult				
9	5′8″ - 5′10″	Adult				

Adult

Adult

Adult

5'10" - 6'1"

6′2″ +

6'5"+

