



4-Day Mighty Mites Camp

This camp was designed for the “wee ones.” Each day will be full of skill exercises and small sided games to “secretly” make each participant great soccer players! We will cover individual ball skills to give them a comfort level when playing with others. We will also introduce group play to start understanding the word “team.”

Ages 3-5 • Cost \$80
Date: June 8-11, 2015
Time 10:30am-12:00pm

4-Day Player Skills Camp

This camp is custom designed for boys and girls in Recreational/ Academy and Travel Level programs.

The curriculum is centered around intense skills development. Each session will have instruction in: Ball Mastery, Passing and Receiving, Moves (1v1), Speed, Finishing, and Group Attack. Each player will experience why Coerver® Coaching is the World's #1 Skills Teaching Program.

Ages: Boys & Girls 6-14 years old • Cost \$125
Date: June 8-11, 2015
Time 9:00am-12:00pm

*This Camp is open to any Recreational/ Academy/ Travel Player
 Boy or Girl age 6-14*

4-Day Elite Performance Camp

The Coerver® Elite Performance Soccer Camp is available for boys and girls highschool age or for those who have attended 2 prior Advanced Coerver® Camps, or current highschool players who are pursuing college soccer careers.

The Coerver® Elite Performance Soccer Camp consists of (4) 2 hour intensive field sessions on the technical, tactical, physical and mental demands of the game along with highly competitive 1v1, small sided games, 7v7 and 11v11 matches.

Ages: Boys & Girls 14-18 years old • Cost \$85
Date: June 8-11, 2015
Time 6:00pm-8:00pm

This Camp is open to any Highschool age Boy or Girl

All Camps Include:

Nationally & Internationally Licensed Staff

Equipment: Tents, Misting station, Goals, Cones, Pinnies, Unique training equipment, etc.

Does not include soccer balls.

Each player will be required to bring a soccer ball.

Free Gatorade

Participant Insurance

Official Coerver® Coolmax Jersey

CAMP LOCATION:

Jaycee Soccer Complex
1500 Old 8th Street Road
Meridian, MS 39307

DATES:

June 8-11, 2015

TO REGISTER:

www.meridiansoccer.com

*These camps are provided in cooperation with
 Meridian Youth Soccer Organization.*



COERVER®
 COACHING

THE METHOD

COERVER® COACHING is recognized as the World's #1 Soccer Skills Teaching Method.

THE ENDORSEMENTS

It has been endorsed by many of the world's leading players and coaches among them Jurgen Klinsman (USA Men's National Team Coach), Osvaldo Ardiles (Argentina & Tottenham), John Collins (Scotland & Hibernian), Gerard Houllier (France & Liverpool), Roberto Rivelino (Brazil World Cup Champion), Carlos Pareira (Brazil World Cup Coach), Alex Ferguson (Manchester United) and many others.

THE CAMPS

Our camps improve your touch, control, coordination and speed, with and without the ball. You will be fitter, faster, stronger and more effective with the ball. *You will be a better player!*

Our Camps and Schools are suited to players 7-17yrs and especially students 8-12yrs in the golden years of their development.

The Camps we offer vary in different parts of the country. Check with your regional COERVER® COACHING Licensee for camp programs and dates in your area.

Mighty Mites

Camps (5-7yrs) offer a positive and fun introduction to the game by teaching basic skills in a fun and supportive environment.

Half Day & Full Day Regular & Elite Player

Camps (7-17yrs) offer intensive COERVER® Skills & Speed training with individual and team events and Mini World Cup competitions.

Residential Regular & Elite Player

Camps (11-18yrs) include classroom and field sessions covering all aspects of the game, from fitness, nutrition, tactics, small sided games and 11v11 full sided games.

Our Advanced Elite Residential

Camps are for players 13-18yrs who are pursuing soccer careers at college and beyond. This is a demanding program with extensive field and classroom sessions on the technical, tactical, physical and mental demands of the game, with lots of highly competitive small sided and 11v11 full sided games.

THE CURRICULUM

The Curriculum is based on the COERVER® COACHING revolutionary Pyramid of Player Development® and the Pyramid of Moves®

THE PYRAMID OF PLAYER DEVELOPMENT

Ball Mastery

1 Player 1 Ball. Ball juggling skills of increasing difficulty on the ground and in the air, developing quick touch and control in both feet.

Receiving & Passing

Improving First Touch control on the ground and in the air and developing accurate and creative passing in the final third where time and space is limited.

Moves 1v1

Learning to attack with and defend against game winning individual moves from the 42 move Pyramid of Moves Curriculum.

Speed

Improving your acceleration, stop and start, and reaction speed with and without the ball.

Finishing

Focusing on technique and instinctive play around the goal and encouraging players to take 'responsibility.'

Group Play

Improving small group play with an emphasis on Speed, Finishing and Fast Break Attack.

THE BUILDING BLOCKS

Changes of Direction

Cuts and chops to shield the ball and change direction against opponents in front, to the side, or behind.

Stops and Starts

Stops and starts and changes of pace with the ball to beat opponents to the side.

Feints

Foot and body feints with the ball to beat opponents in front or behind.

In the beginning skills are taught step by step with no pressure. As the student progresses they are practiced at increasing speed with passive opponents. Finally when the student has mastered the Moves they are practiced in full pressure exercises and games.

