

A background image of a soccer field with several young players in light blue jerseys and dark shorts. They are in various poses, some running and some standing. A black chain-link fence is in the background, and a building is visible in the distance. The image has a dark overlay.

INTERNATIONAL FC RETURN TO PLAY PLAN

Updated: 6/27/2020



OBJECTIVE

The Return to Play plan is a timely tool for ‘how’ reintroduction of soccer activity will occur in a cautious and progressive manner, to optimize participant and community safety. The priority at all times must be to preserve public health, minimizing the risk of community transmission.

CRITICAL STEPS

CANADA SOCCER RETURN TO SOCCER GUIDELINES



1	Federal stay-at-home order eased
2	Provincial or territorial restrictions eased
3	Municipal field and facility usage restrictions eased
4	Provincial or territorial member association Return to Soccer Plan approved
5	Return to Soccer Assessment Tool completed



COVID-19 THREE PHASES

Length of each phase is
Ontario Soccer directed
Expect 2-4 weeks

RETURN TO PLAY PHASES

If you are not comfortable with returning to play, DON'T.

PHASE 1



RETURN TO TRAINING

- No contact
- Remain 2M (6ft) apart
- Individual training, no group drills
- No league/exhibition/festival/tournament games

PHASE 2



RETURN TO TRAINING & MODIFIED GAMES

- Enhanced training & modified games
- Inter-squad & intra-squad modified games permitted (only *within* the Club/Academy)
- Physical contact minimized
- Social distancing measures are relaxed further

PHASE 3



RETURN TO SOCCER

- Social distancing restrictions have been lifted
- Regular competition, games and training

KEY CONSIDERATIONS



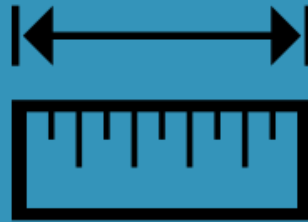
Risk Management

*Screen / Contact Tracing
ERP / Waivers*



Environment

*Equipment / PPE
Hygiene / Field Etiquette
Sanitization*



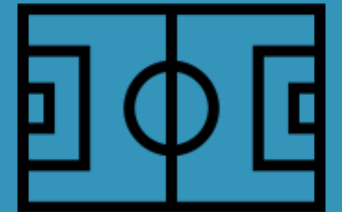
Physical Distancing

6ft – 2 meters



Chronological Age

U4 to U21



Facility

*Occupancy / Entry &
Exit / Rainouts*



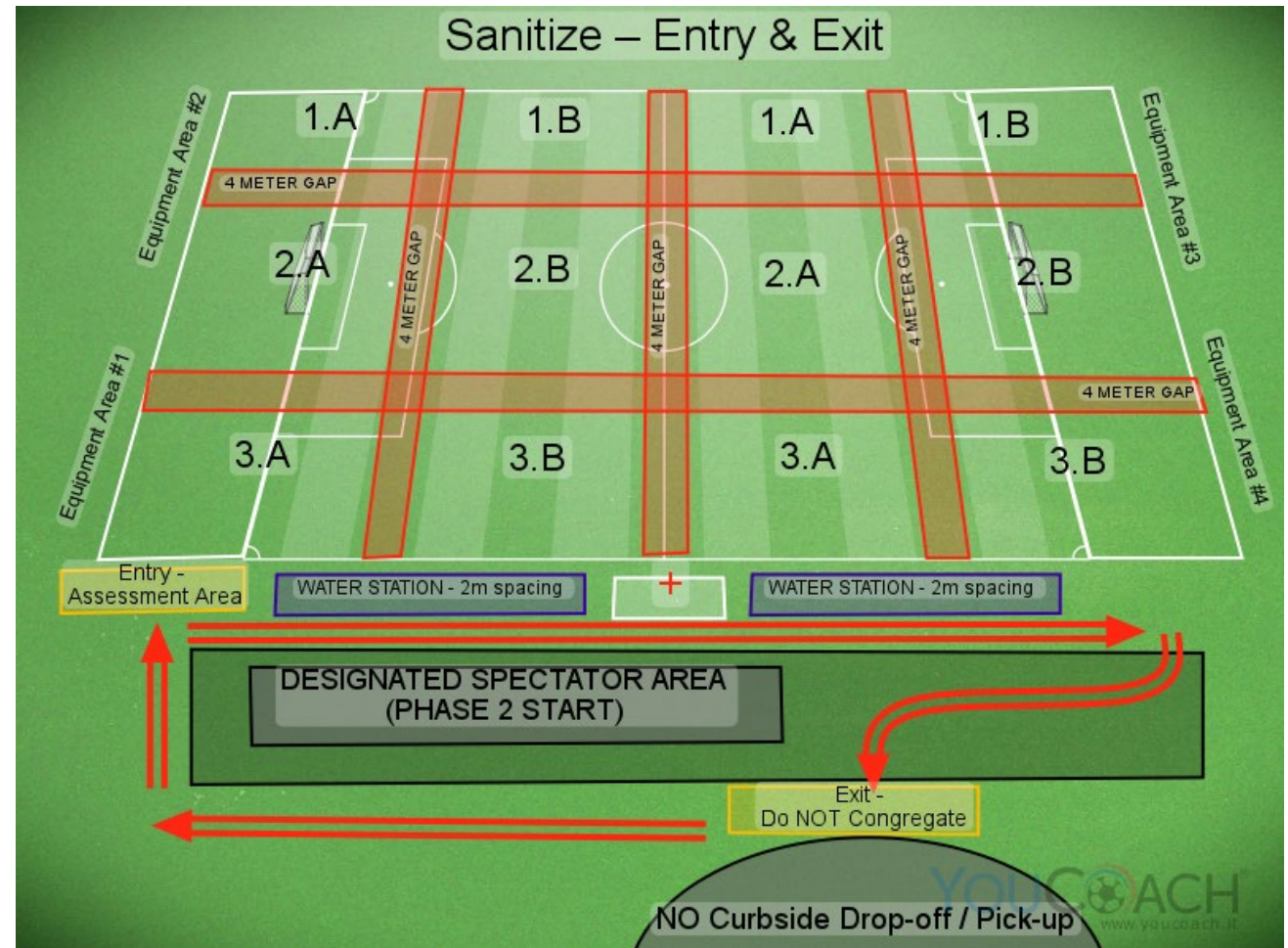
PHASE 1 -2

IMPORTANT NOTES

- ✓ Complete two waiver forms and submit to IFC
- ✓ Self-assess before each scheduled activity
- ✓ Bring your own ball, PPE, hand sanitizer, water bottle
- ✓ Required to wear masks to and from field
- ✓ Spectators permitted in Phase 2
- ✓ Do not carpool, unless with immediate family
- ✓ Do not congregate at facility entry/exit points

SAMPLE FIELD LAYOUT

1. Maximizing variety and level of content in activities.
2. Manage time and space to effectively deliver development objectives.
3. Embrace team dynamics.
4. Ensure safety measures at all time.



FAQ's

Question

1. When can IFC Grassroots Festivals resume?
2. When can Tournaments and Leagues resume?
3. Are players allowed to wear masks?
4. What if a member falls in one of the vulnerable population categories, should I return to training/competition?
5. Think you might have COVID-19, or your child or someone in your household is experiencing symptoms?

Answer

1. Grassroots Festivals would be able to return in Phase 2.
2. Tournaments and Leagues would be allowed to resume in Phase 3 of the Ontario Soccer Return to Participate Guidelines.
3. Yes, players will be allowed to wear masks during training and are required to where one when walking to and from the field.
4. You should seek advice from medical professionals and/or public health officials if you have specific questions about your return to training and competition.
5. Stay home (isolate), immediately inform your Coach or Club representative, take self-assessment (or get tested).

QUESTIONS?

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