International Football Club

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Learn. Think. Play.

Information Bulletin

Bulletin #:IFC2020 – 008Date:Apr. 1, 2020To:IFC Membership, StaffCC:IFC DirectorsFrom:Frank laizzo, Athletic DirectorSubject:New ways we can help

Hi Everyone,

I hope you are all managing well with your own personal situations. On our end, our Academy and Grassroots response teams have made incredible adjustments in just one week and I am pleased to report we are mostly operating in a stable 'new normal'. Our heartfelt thanks for your patience, understanding and support.

In line with our purpose slogan – *LEARN, THINK, PLAY* – I want to assure you we will not waste an opportunity to improve, think differently and promote playing the game we all love. In fact, even during a time like this, it is forcing us to bring initiatives to the forefront that may have been in store for another two to three years. Along with communication from our Academy and Grassroots Coordinators, *IFC Bulletins* will continue to capture updates in one spot, to ensure you're well informed, and to assure you that we're here to continue to support our young student-athletes, along with our community at large, during this challenging time.

Digital Solutions we're working on while we cannot connect in person

- Video Demos on IFC YouTube channel for session plans designed by our Academy and Grassroots Teams. (Beginning April 2)
- *Physical Education* programming with Coach Mathieu on Instagram Live, Monday to Friday at 10:00 AM. (Beginning April 6)
- Ball Mastery programming with Coach Piero on Instagram Live, Monday to Friday at 4:00 PM. (Beginning April 6)
- Bi-weekly *Mental Performance* training with Coach Mahsa on Instagram Live, Thursdays at 3:00 PM. (Beginning April 2)

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- Weekly Academy Team Meetings on Zoom to interact with teammates and coaches.
- Periodic *Virtual Roundtables* on Zoom designed to share knowledge, insights and experiences among Club members from panel experts and operators.
- Note: All Instagram Live videos will be uploaded to IGTV on our profile page if you cannot watch the live sessions.

Sign up, and pay later: 2020 Summer Grassroots and Camps Season

IFC is determined in never losing sight that better days are ahead, and will continue to find the best way to serve your needs. For those parents that have not registered their son or daughter as of yet, Early-Bird registration for our 2020 Outdoor Grassroots and Summer Camps season has been extended, but with a new feature. All registrations require \$0 Down, with automatic payment scheduled two weeks prior to the registered event. If this programming must unfortunately be canceled, all scheduled payments would be canceled without any fee to you. To learn more, please visit our <u>Grassroots</u> and <u>Camps</u> pages.

This is a moment to appreciate the value of sport and essence of team in our lives. That's why IFC Soccer strongly believes in supporting the above initiatives to support ALL children and families in our communities during these challenging and unprecedented times. We encourage anyone who can benefit to take part, and share with your near (or distant) friends and family members.

Please continue to respect *Physical Distancing and Stay Home* protocols and let's take care of one another – now more than ever.

Sincerely, Frank laizzo, Athletic Director