

#### International Football Club

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# **Information Bulletin**

Bulletin #: IFC2020 – 006 Date: Mar. 23, 2020

To: IFC Membership, Staff

CC: IFC Directors

From: Frank laizzo, Athletic Director

Subject: Member Update: What we're doing

Dear IFC Members,

Firstly, I hope you and your families are healthy and well following the March Break. I know that the growing concern around COVID-19 has everyone feeling uneasy, especially as we face evolving changes to our daily life and future plans. Right now, our main priority is keeping our athletes safe, ensuring they have the essentials and continuing to serve our membership in this time of need. So today, we are announcing some concrete measures:

# We Continue to Operate

Like many organizations, we made the decision that our full-time technical leads and coordinators will be paid and are now working remotely. We're a player-centered Club, and fortunately, thanks to our technical partners, we built our systems to be resilient and agile to maintain individual needs and development standards that you've come to know us by.

# **Academy Tuition Instalments**

We understand that some families may be on very tight budgets at the moment. Therefore, if you are due to pay monthly Academy tuition payment instalments and don't have the money to pay for it, you can defer your payment instalment plan up to three months. If you're in this situation, please email <a href="mailto:andrew@intlfc.com">and we will</a>



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suspend your payment internally (please allow 2-3 weeks for processing time).

### **Remote Training Plan**

IFC Grassroots and Academy players: our thoughts are with you! And, we're doing everything we can to support your personal and athletic development in the best ways possible, even during trying times like these. Our Grassroots and Academy Response Teams are working diligently on preparing training plans developed for you to do from home. Take advantage of this down-time and "play" as much as you can! (Of course, keep practicing frequent hand washing, minimal face touching and social distancing as preventive measures against the virus). Also, if you're able to post a video of yourself going above and beyond during these challenging times, we'd love to share them on Instagram @ifcsoccer.

# Leagues, Tournaments / Events and Other

We have been following the guidance of Ontario Soccer and the Federal and Provincial Authorities in our actions to manage and respond to the evolving circumstances around this pandemic. Some of our updates relating to Tournaments, Leagues and Camp/Clinic events include:

- York9 FC confirmed FREE Grassroots Clinic is still scheduled to take place on Sunday, May 3<sup>rd</sup>.
- OASL and Grassroots Outdoor 2020 Seasons remain scheduled to kick-off in May.
- Although there is no playbook for how to proceed with indoor programming right now, IFC Response Teams are working on make-up and promotional plans to help members transition through this period of inactivity.
- All large group and team meetings will be facilitated virtually.
- International travel suspended indefinitely, as such ALL international tournaments and or showcase events will be cancelled until further notice.



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# Unpredictably is part of development

When we created IFC over 10 years ago, we aimed to build a program that would help our young athletes reach their long-term goals and optimize their potential, not only physically but mentally too. As leaders within the game, we know that surprises and uncertainty are expected – it's part of the "inner game". What's happening now is devastating on a public health level, and will likely have negative impacts in the short term, but our approach to long-term development remains the same. Now is the time to be mindful of WINNING the inner game and developing this competitive advantage within our children. Try <a href="Headspace">Headspace</a> or another tool to begin this healthy practice.

These are quite extraordinary times. We realize that the measures we have outlined today will generally lead to a different experience for IFC members, and we believe they are essential. Our Response Teams are closely monitoring the situation and will be in touch regularly with more information and updates.

I personally wish you courage as you face the disruption this pandemic has produced. We all will inevitably return to sport, and ultimately embrace even more strongly the power that soccer has to unite, to heal and evoke feelings of joy and happiness!

Thank you for your patience and support, Forza IFC!

Sincerely, Frank laizzo, Athletic Director