



International Football Club

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Information Bulletin

Bulletin #: IFC2020 – 004
Date: Mar. 11, 2020
To: IFC Membership, Staff
CC: IFC Directors
From: Frank Iaizzo, Athletic Director
Subject: COVID-19 Update

Further to IFC Soccer's [Information Bulletin of March 3, 2020](#) on COVID-19 and following protocols that are in place now for sport, corporate and cultural organizations, **IFC Soccer is suspending high-fives and handshakes between players and officials in all training / matches effective immediately until further notice.**

IFC is monitoring the COVID-19 situation on a daily basis and in contact with Ontario Soccer, Medical advisors, and the Canada Soccer Medical Committee and will provide updated information as it becomes available.

The following resources are available for your use in your community:

This [joint message](#) is from the Sport Medicine Advisory Committee comprised of Chief Medical Officers from the Canadian Olympic Committee, the Canadian Paralympic Committee, and the Canadian Olympic and Paralympic Sport Institute Network (COPSIN).

It is meant to guide National Sporting Organization (NSOs) in decision-making with respect to travel to competitions within and outside Canada. Information has been obtained from the World Health Organization, Government of Canada and Australian Institute of Sports websites. This advisory will be updated regularly and distributed to NSOs and other high performance sport partners.

The latest [WHO statements](#) can be found at WHO website on Coronavirus disease (COVID-19) outbreak.

When travelling to sporting events we recommend that you check for up-to-date travel advisories from the Government of Canada at: [Government of Canada COVID-19 Travel Advice](#).



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The risk to Canadian travellers abroad is generally low but will vary depending on the destination. PHAC is closely monitoring the spread of COVID-19 in other countries. Please consult the destination page on travel.gc.ca for the [latest travel advise](#).

If you have travelled outside of Canada to an [at-risk area](#), limit your contact with others for 14 days, starting the day you began your journey to Canada. This means self-isolate and **stay at home**. In addition, contact the [public health authority in your province or territory](#) within 24 hours of arriving in Canada for advice.

Lastly, Public Health Ontario [provide further information](#) on best practices regarding COVID-19.

If you have any further questions, please contact [Frank Iazzo, Athletic Director](#).