# **CORAL SPRINGS UNITED, F.C.**

www.coralspringsunited.com

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To All Players and Parents,

This Manual sets forth the rules, regulations, policies, and standards that Coral Springs United, F.C. expects from its players. All of the provisions contained herein been thoroughly analyzed, carefully deliberated, researched extensively, and have been established to help the athletes become both better players and also better young adults. For parents it is a guide so that the environment is a favorable and enriching one for everyone involved.

It is very important that you read this Manual and take all of the provisions into consideration when you or your child put on a Coral Springs United game jersey or training shirt or attend a game or training session as a spectator.

Have fun and enjoy your year.

Coral Springs United, F.C.

# CLUB POLICY MANUAL 2013-2014

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## 1. Introduction

Coral Springs United F.C. (CS United) was formed in 2011 through the merger of the Coral Springs Storm and Coral Springs Renegades Soccer Clubs. Both of these Clubs had competed for over 15 years in the South Florida soccer community, experiencing their own levels of success. In an effort to reestablish Coral Springs as one of the premier soccer hotbeds in the State of Florida, these two Clubs agreed to combine and form one Club serving the Coral Springs community and Northwest Broward County, under the Coral Springs United banner, starting with the 2011-2012 season. Coral Springs United will be one of the largest competitive youth soccer organizations in the State of Florida. CS United is a member of Florida Youth Soccer Association (FYSA) and will field over 30 youth teams playing in the South Florida United Youth Soccer Association (boys league - SFUYSA) and the Florida United Girls Soccer Association (FLUGSA). Over the past decade, Storm and Renegades teams have participated in many statewide competitions and state, local, and national tournaments. Teams have traveled to such prestigious tournaments as WAGS in Washington D.C., the Orange Classic in Miami, the Surf Cup in California, the Sun Bowl in Tampa, the Raleigh Shoot-out in North Carolina, the Dallas Cup in Texas, the Super Clubs in Orlando, and several of the "Score at the

Shore" tournament series. CS United will continue this tradition of competing in the most prestigious tournaments and competitions not only from a local perspective but on a regional and national stage as well. Former Storm and Renegades players have gone on to play for numerous college and university teams throughout Florida and the United States. The knowledgeable coaching staff & club trainers are dedicated to providing the finest developmentally appropriate training available for all players in the club based upon their abilities, not just a select few.

#### 2. Mission Statement

At Coral Springs United F.C., our goal is to develop players to their maximum potential both individually and as a member of the larger team unit. We believe that by combining high quality players and coaches, with training in a competitive environment; we can develop, increase and enhance players technical, tactical, physical, and psychosocial abilities to allow them to be successful as players at the next level, and help instill a work ethic and confidence that will lead to them being successful young adults.

# 3. Organizational Structure

There are many facets to the CS United organization, both instructional and administrative.

Decisions on the management and overall direction of the Club are made by a volunteer Board of Directors who are elected to serve on an annual basis. A complete listing of the current members of the Board and their contact information can be found on the Club's website. Any questions regarding the Club and its operation can be directed to the President; questions regarding a specific team or player can be directed to the Director of Soccer Operations or Technical Director.

The Board of Directors oversees the activities of several committees, also comprised of volunteers, established by the Board to carry out specific duties or functions. If you would like to become more involved in the Club, please contact a member of the Board to learn more about available opportunities and volunteer positions in which the Club needs assistance.

# 4. Contacting Coral Springs United FC

A full list of contacts for the Board of Directors, selected Committees, and the Coaching Staff is available on the club website at coralspringsunited.com

# 5. The Aims and Philosophy of Coral Springs United FC

At CS United, technical, tactical, physical and psychosocial (mental) aspects of the game will be taught within the structure of a curriculum which strives to encourage an attacking style of play based upon ball possession, quick passing, and player movement off the ball, and a high pressure, organized defensive posture which leads to immediate opportunities to quickly transition to attack. Within this model, player development is the number one concern. The ultimate goal of CS United is to develop mature and well rounded players who are able to be successful at the next level; whether that is as an individual player through any of the State or National player identification programs or pools, and/or to advance to progressively more competitive levels of team competition and play, whether through a State or Nationally sponsored USSF program, High School

or College program, or at the Professional level. We have a commitment to our players to put them in an environment that is challenging and will constantly test them, the so called "competitive cauldron". As players mature it is imperative that they are constantly tested and challenged to improve their abilities through competition at an appropriate level based upon their own individual talents. All of these challenges must be within an enjoyable yet demanding environment. If training becomes a chore or is no longer fun, the true spirit of the game is lost and so is the player's interest and their development is stunted. As a means to accomplish these goals, CS United adheres to a policy whereby all of its teams are comprised of players identified through the Club's open tryout policy as those players most able to be challenged at the competitive level of the team to which they are assigned. In each age group, the Club fields a "first team" comprised of those players identified as the "best" players in the group. That team will be placed in a competitive environment at which the team and its players are appropriately challenged but have an opportunity to be successful. That is usually, but may not necessarily be, in a First, "A", or Premier division. The designation merely signifies that it is the Club's most advanced team and its placement will provide appropriate competition to allow for improvement. The Club will also field additional teams which will likewise be placed against competition which will allow for the players and team to be appropriately challenged, but at the same time achieve success. The Club will field as many of these teams as is necessary to provide all capable players, with an appropriate environment in which to develop.

It may be that one or more of these teams will play in the same division as the so-called "first team", or one or several may be placed into a less demanding competitive environment. The appropriate placement of these teams will be at the sole discretion and determination of the Soccer Operations Division of the Club. It is the Club's desire to provide every player who is able to compete in a competitive travel soccer environment an opportunity to play soccer at an appropriate level to challenge the player, and every effort will be made to accommodate this goal. However, every player who attends tryouts is not guaranteed a spot on the roster of one of the CS United competitive travel teams, and previous participation with the Club in the past does not guarantee that a player will make a team. It is anticipated that the Club will make "cuts" and that certain players will not make a team. For those players who are not selected to a team, the Club may offer a Training Squad Program for certain age groups.

## **6. Coral Springs United Players**

Players are not under any pressure to join the Club. Instead, it is hoped that players and parents will consider all options and choose the best one, taking into consideration their goals as a person and a player. The aim of CS United is to create better players by providing them a challenging environment in which to develop but at the same time allowing them to achieve success. We want players to be fully aware of the CS United policies and ambitions before a commitment is made. Once a player commits to CS United, he/she agrees to abide by the policies of CS United and those of the specific team to which he/she is assigned. At the end of the soccer season the commitment to CS United is over and players are free to leave CS United if they feel it is in their best interests to do so. At the beginning of the ensuing season, players are free to try

out again under the same guidelines set forth in section 22. While soccer is taken seriously at CS United, we understand that there are things more important in life than soccer. In terms of priority, family and schoolwork should come first; however, as a member of CS United we expect players to commit to the game of soccer and the team as the player's first sporting activity during the soccer season. Once a player has committed to CS United, the Club will commit to the player. No player will be cut from a team during the season unless it is for disciplinary reasons. Disciplinary reasons include, but are not necessarily limited to, inappropriate on or off the field behavior of a player and/or his/her parent, family, or guardian, as well as the failure to meet financial obligations to the club. While it is possible that a player may be asked to "move up" to a more competitive team either within an age group or to an older team during the year, no player will be "moved down" to a less competitive team during the year absent the consent of the player and their parents. As a member of CS United, a player is responsible for his/her own performance and conduct. Best efforts in training and games, good sportsmanship, a positive attitude, and being a reliable team member will be expected at all times. CS United asks that players care about themselves, their own families, their teammates, the greater CS United family, and the great game of soccer. Players are expected to maintain a healthy lifestyle, a healthy team attitude, and a personal sense of fair play and sportsmanship at all times. As we reside in Florida, and the weather permits year round training; the Club and its teams will practice and provide playing opportunities to its players prior to and after the regular season. Again, the Club recognizes that its players may have interests in other sports, activities and events, which they wish to take part in during the "off-season". While the Club recognizes these other interests and acknowledges their potential benefits in crosstraining and developing well rounded individuals; the Club expects that its players will continue to attend at least one practice/training session per week during the "off-season". It is expected that all players selected to participate with a CS United team or Program are fully committed to the Club. While the Club allows players to receive individual training from outside sources, all players' playing opportunities and team affiliations are to be through the Club or with the Club's approval and permission. As such, all of a player's registrations and affiliations with any and all National, State, and Local sanctioning authorities (including but not limited to USSF, USYS, FYSA, AYSO, Super Y League, and US Club Soccer) shall be at the sole and exclusive discretion of CS United. In the event a player registers or allows himself/herself to be registered with any other organization for the purpose of obtaining playing opportunities or to the extent a player participates with another entity in any other competition, without obtaining the requisite approvals and authorizations as set forth in this manual, that player shall be deemed to be in violation of this agreement, and subject to appropriate disciplinary sanction.

#### 7. The Role of the Parent

The role of each parent is extremely important for all young athletes. At training, we ask that all parents and family members respect that the players are training and to stay off the fields at a safe distance from the training session. Please avoid communicating with or otherwise distracting the players. We encourage parents to attend and to applaud good play and sportsmanship. There is, however, to be no coaching by parents or family

members from the sidelines during games or at training. No matter how well founded your intentions; we insist that there be no shouting instructions to players during games or training sessions. "Go", "Shoot", "Get Him/Her" and "Pass it" for example, are interpreted as instructions and, as such, are not desirable. The voices of the coaches will be the ones heard in a coaching capacity at games and training sessions. During games and training sessions, CSU CARDED coaches and approved training staff are the only people permitted on the field with the team and on the side of the field where the team is congregated. All other persons will be required to remain on the sideline opposite the team. Once the pregame warmup or training session has commenced, there should be no further contact with your son/daughter until the session has concluded. It is important that our players do not adopt a "blame culture". Players will be instructed and often reminded of the necessity to ignore adverse conditions such as bad weather, rough play, cheating, bad referees, negative behavior by parents, teammates imperfections, etc. These are essential characteristics for players to possess if they are to realize their full potential as players and people. Please, as a parent and a role model for these children, show this example and reinforce it often to them.

Referees are not to be abused in any way. Please do not berate or shout at referees. Even at the highest levels internationally, referees make mistakes. At the younger ages at which our teams, many of the referees are teenagers who are also players within the club themselves and are attempting to do the best job they can. Please be understanding. Coaches are not to be approached by parents at training or games either before or immediately afterwards concerning players. This is a time for both the coach of the team and the players to be focused on the task at hand. At the beginning of the year, each coach will inform the teams of the best method by which communications should be made and will establish rules concerning the appropriate times for those inquiries. If you have a coaching concern please direct it to the coach at the appropriate time. If it cannot be resolved with the coach, please contact the appropriate Director of Soccer Operations or Technical Director or Age Group Director, who will in turn direct the concern to the appropriate party who will discuss the perceived concern or problem with the coach. The Club will make every effort to provide a response to inquiries within a period of seven (7) days. If you have not received a response within this period, please followup with the person to whom the initial inquiry was directed. The players, coaching staff, and Club need your parental support to make this a positive experience.

#### 8. Coaches

The coaching staff of CS United is comprised of coaches with diverse experience both as coaches and as former/current players. The coaches are all well qualified; each coach has received a coaching qualification from either the United States Soccer Federation (USSF) or the National Soccer Coaches Association of America (NSCAA). A full list of the Club's coaches and their background can be found on the club website at coralspringsunited.com.

#### 9. Conduct

From its athletes, parents, families, and their guests and fans, CS United expects and demands appropriate behavior at all times whether on or off the field. We want only persons of the highest quality and character associated with the program here at the CS

United. At all times we expect our players to respect all of the relative participants in the soccer world including but not limited to coaches, officials, referees, players, parents, club personnel and municipal employees whether they are from CS United or an opposing club. At all times we expect players to use good common sense, with the understanding that, just as in life, there are ramifications for inappropriate behavior and all decisions have consequences. Any and all character and conduct issues will be addressed and dealt with on a case-by-case basis.

#### 10. Commitment and Attendance

We understand that everyone will at sometime have conflicts with training and on game days. It is our expectation that each player will do their best to attend all training sessions and games; however, if that is not possible there is an obligation to contact the coach via email or phone as soon as it is possible, to let him/her know that the player will not be able to attend that game or training session. This is vitally important for games, but it is particularly important for training sessions as the majority of coaching occurs during training. As training is the true venue for players to improve, the Club asks its coaches to design and plan their training sessions in advance to enhance the learning environment for the players and maximize the ball contacts and repetitions that each player gets in each exercise. When players unexpectedly do not attend, it defeats the planning and reduces the effectiveness of the training sessions.

## 11. Communication

Communication both as it pertains to individual teams and the Club in general is primarily through email and the CS United website at coralspringsunited.com. You are strongly encouraged to read your email on a daily basis, and inform CS United if your email address changes or if you wish secondary email addresses to be added. This is how all memos, information, and newsletters will be distributed. In general, the Club will not be contacting either parents or athletes by telephone, unless absolutely necessary.

## 12. The Role of the Team Manager

Each team will have a manager (or administrator) selected at the beginning of the year. The role of the manager for each team is very important. Communication regarding the Club and individual team news flows through the manager (from the coach or Club) to the players and parents. Managers use email to correspond with the team and keep all participants informed on a timely basis of decisions and team news. The manager is a volunteer and is there to provide administrative support for the team. The manager is not there to field coaching questions. The Manager is not a member of the coaching or training staff.

# 13. Training Sessions

The Club will offer a minimum of two training sessions per week for the majority of the year. As noted in section 6, during the regular season there will be a minimum of two training sessions per week which players are expected to attend. During the "off-season", players will be expected to attend at least one training session per week. [Coaches will notify players of high school age of any change to this guideline during the split season of play.] It is expected that all training sessions will start promptly at the designated time.

Each player should arrive at the training site a few minutes early to allow the player to finish getting dressed with cleats and shinguards on ready to play, and to allow them to shift their mental focus to preparation for the training session. Players should bring an appropriately sized ball which is properly inflated to each training session unless informed otherwise by the coach. All players should wear the appropriate training uniform to all training sessions. All players must wear proper shinguards at all training sessions and games.

Parents are welcome to attend and observe the training sessions. However, attendance is not required. If a player is being dropped off at the field for the a training session, the coach must be provided with a telephone number at which the parent can be contacted in case of emergency, and the parent or responsible adult must also return to the field at least ten (10) minutes prior to the end of practice. This will allow any important communication or information to be addressed at the end of the training session and will also insure that all players are timely picked up from the field. The Club asks all of its coaches to make sure that all players have been safely picked up before the coach leaves the fields. Please respect the coach's time. At each training session, we ask that all parents respect that the players are training and to stay a good distance from the training session. If everybody adheres to the rules, players will all enjoy an environment that is extremely conducive to learning, playing, and coaching. The type of environment that is envisioned is one that is quiet and without excessive pressure. It is an environment in which coaches can be heard and understood easily. It is especially one in which a player's every move is not being scrutinized or commented on by their parents. Training with another CS United team is permitted, subject to coach approval. Players must not, however, miss their own team training to attend another training session. Players must advise their coach that they would like to attend another session. That coach will then make inquiry of the appropriate Club personnel to seek authorization. All directions and training schedules can be found on the club website at coralspringsunited.com.

#### 14. Inclement Weather

On training days please call the CS United hotline at 954-247-8320 after 5:15pm for cancellations. We will leave a message on the voicemail stating whether the fields are open for training or closed. The Club will also post a notification on the website advising of cancellations, however, often this can not be updated sufficiently in advance of the earlier training sessions. The City of Coral Springs also maintains a telephonic fields hotline (954-344-1187) however, it is updated at 5:00 pm Monday through Friday only, so if weather clears after the close of business and the fields are in good enough condition, it may be possible to hold the scheduled training sessions. Do not rely solely on this source. Please remember, you need to call before each training session. Again, weather in South Florida can change drastically in a short period of time and it is possible that while an earlier training session may be be cancelled, a later session may go forward (or vice-versa). For away games please check with your coach before traveling. Both parks at which CS United will train and play its home games, Cypress Park and North Community Park, have advanced lightning alarm systems installed. When the alarm sounds (one long horn blast) all fields must be cleared immediately and as rapidly as possible. Players and their parents and families should seek shelter; in vehicles if at all possible. The all clear signal is three short horn blasts (at which time the flashing light on

the sensor will also turn off). While the lightning danger may have passed, it is possible that the fields may remain closed depending on how much rain has fallen and the condition of the fields. The decision as to whether to proceed with a training session/game is made by the Club in consultation with the appropriate authorities and the City's Parks personnel. Additionally, there are instructions on the CSU website on how to down load the APP for text message notifications of field conditions.

## 15. Dress Code For All Games

It is extremely important for all players to bring all jerseys to all games. Every effort is made to coordinate uniform colors being worn by the respective teams in advance; however, it is sometimes necessary to change the color uniform being worn just prior to game time to accommodate any number of unforseen circumstances. Appropriate shin guards are mandatory equipment for all games.

## 16. Game Day Procedures – Home Games

CS United will usually be playing its home games at either Cypress Park or at North Community Park in Coral Springs. Please confirm the time and location of the game in advance. Directions and schedules for all CS United teams can be found on the Club website coralspringsunited.com. On home game days players need to: 1) arrive a minimum of 1 hour prior (unless otherwise instructed) to their game prepared for immediate warm-up; 2) bring an appropriately sized ball which is properly inflated; 3) bring both sets of uniforms in the event of a last minute uniform conflict; and 4) bring sufficient and appropriate fluids (either water or sports drink). All of these items are required for each game unless informed otherwise by the coach. Each coach/team may have additional game day requirements.

# 17. Game Day Procedures - Away Games

Away games will be played in various cities across South Florida. Directions for away games and schedules for all CS United teams can be found on the club website at coralspringsunited.com. On away game days players need to: 1) arrive a minimum of 1 hour prior to their game prepared for immediate warm-up; 2) bring an appropriately sized ball which is properly inflated; 3) bring both sets of uniforms in the event of a last minute uniform conflict; and 4) bring sufficient and appropriate fluids (either water or sports drink). All of these items are required for each game unless informed otherwise by the coach. Each coach/team may have additional game day requirements.

## 18. Team Uniforms and Equipment

Each player selected to a CS United team, will receive two (2) game day uniform kits, and two training uniform kits. All players are expected to wear the appropriate training uniform kit to all practices unless instructed otherwise by their coach. Players should not wear any part of their game uniform to training sessions, school, or any non-game related activity. All cones, vests, and training equipment are the property of the coaching staff or of CS United. Player are asked to assist the coaching staff in making sure all such equipment is accounted for and picked up at the end of games and training sessions. At the time that uniforms are ordered, players will be asked to submit a primary and secondary uniform number request. Uniform numbers are assigned at the sole and

exclusive discretion of the Club and all such number assignments are final. In most instances involving the assignment of numbers and to the extent possible, the Club will honor a number request from a player. In the event of multiple requests for the same number, priority will be given to that player with the greatest seniority wearing that number at the Club, then to the player with the greatest seniority at the club, if still no player has "won the number" then by random selection of those candidates remaining. There may be several instances that come down to random selection.

#### **19. Cost**

The registration fee to participate with a CS United competitive travel team is Eight Hundred and Fifty (\$850.00) Dollars. The fee includes training expenses, administration, league fees, regular season referee fees, insurance, and game and training uniforms. This fee does not include tournament registration fees, players travel to and from training or games, referee fees for nonleague games and scrimmages, or the coach's expenses and coaching fees for those games/tournaments outside the tri-county (Miami-Dade, Broward, and Palm Beach) area.

Registration with the Club obligates the player for payment of the entire registration fee whether the player later seeks to leave the Club or otherwise quits. Failure to timely remit the full balance of the registration fee will result in that player be reported to FYSA as being "not in good standing", meaning the player will not be able to register with another FYSA club until the outstanding balance of the registration fee plus any administrative costs incurred by the Club as a result of such action are remitted.

## 20. Sponsors

The Club is always in need of and looking for additional sponsors. There are various tiers and levels of sponsorship opportunities with CS United. If you or anyone you know are interested in becoming a sponsor of the Club please visit the Sponsor section on the Club's website, or contact a member of the Board of Directors for more information.

#### 21. Fundraising

Any team can "fund-raise". In order to have continuity between and among CS United's various fundraising programs, there are a few guidelines to follow. This way there are not numerous activities going on during the same time frame or the same activities occurring simultaneously. All fund raising ideas should be submitted for approval to the Club's Committee on Fund Raising and Sponsorships or the Club Secretary. The Committee will maintain a list of generally acceptable fund raising practices, and a schedule of those proposals and ideas that have been pre-arranged and pre-approved. By following this procedure, the Board and CS United can keep track of and coordinate all Club fund raising activities and help provide promotion and support for ongoing activities. All funds raised must be reported to and delivered to the Club Treasurer for deposit into the team's account. CS United is a non-profit and tax-exempt Chapter 501C(3) organization. The Club conducts an annual fund raiser through a Holiday Raffle. All players and their families are expected to fully participate in the Raffle. Funds raised help to defray the costs of administration, equipment, and training fees. Details will be available through the Team Manager in the Fall. Additionally, all CSU families are expected to participate in the running of our annual Tournament, slated to be held in January.

# 22. Tryouts

The Florida Youth Soccer Association (FYSA) determines the earliest date on which tryouts can be held by its member clubs. For the 2013-2014 season the first date for tryouts is Tuesday, May 31. The official tryouts for CS United, will be held starting on this date and running through the following week (possibly weekend in the event of significant weather impacting the tryout schedule). The official tryout schedule for the various teams is posted on the Club's website. All players are expected to attend as many sessions as possible, to maximize their exposure and opportunities to impress. Extra sessions may be conducted later in the Summer if deemed necessary by the Club. CS United advertises the open tryouts to inform the public of the times and dates. All planned tryout dates (and any supplemental tryout dates) will be disclosed on the Club's website with more complete information available there. CS United conducts open tryouts. CS United selects the members of each of its teams based purely upon the abilities of the players attending tryouts and the team's needs. The only outside factor which may impact player selection would be a preference given to those players having residency within the City of Coral Springs over residents of other cities, if all other factors are equal. All other extraneous factors including politics, friendships, personal relationships, or financial contributions to CS United, will have no impact on the decision making and selection process.

All players will be required to attend and participate in tryouts. No player is guaranteed a roster spot on any team or within the Club based upon past performance or participation. The selection of players and placement upon the rosters of the Club's various teams is based upon the individual player's technical and tactical abilities, physical development, playing performance, needs of the Club within an age group or team, the player's attitude and dedication, and the player's commitment to individual improvement and passion for the sport. All player and team selections will be at the discretion of the Club and its coaching staff, keeping in mind what is best for the good of the player, the team, the age group, and CS United.

All players will be required to tryout for their chronologically appropriate age group. "Playing up" is discouraged absent special circumstances. In all cases of a player seeking to "play up" a division in age, the player/parents must, in advance of tryouts, request in writing to addressed to the Director of Soccer Operations, authorization to be considered to "play up". That player will be required to first attend tryouts with the age appropriate team. If the player is identified by the Club's coaching staff as one of the exceptional players in the age appropriate group, that player will be deemed to have made the team in his/her appropriate age group. The player will then be invited to participate in tryouts with the next older age group. The player must then demonstrate that he/she is also one of the top players in that next older age group. It must also be found that participation with the player's age appropriate team will not provide sufficient competition to challenge the player and enhance the player's development; and that participation with the next older team will provide the necessary competitive environment. If either participation with the age appropriate team will provide the required competition, or participation with the next

older team will not provide this competitive level, the player will not be allowed to "play up". The final determination of whether to allow players to "play up" is solely within the discretion of the Club after consideration of input and recommendations by the coaching staff, the pertinent age group coaches, and weighing the best interests of the player both physically and mentally as well as developmentally as a player; along with the best interests of the effected teams and the players on those teams. It is only in rare circumstances that authorization to "play up" will be granted by the Club. Shortly after the completion of tryouts, selected players will be invited to join a team. Such communication is usually made through the use of telephone contact or email. It is imperative that current contact information be provided to the Club at all times. A prompt response accepting the invitation to join the CS United is required to reserve the player's roster spot until registration. In the event that acceptance of the roster selection is not made timely, it is possible that the offer of a roster spot may be rescinded and the spot offered to the next player on the list.

# 23. Coral Springs United Supplemental Training Programs

In addition to the regular team training sessions, CS United may offer specialized training programs to CS United players during the course of the season. These may include, but not limited to; skills training, goalkeeper training, balance, coordination, strength, speed and agility training. Some of these sessions will be provided at the Club's expense and some may require an additional nominal fee from the participating players. All of these programs will be listed on the Club's website in advance and made available to all appropriate players based upon technical ability and age. Private individual or small group training is also available upon request for an extra fee either through the Club or through outside arrangements being made. All such private individual and small group training sessions may not be provided by a CS United coach to a player or players on a team for which that individual serves as coach. If a team's coach is sought to conduct additional training sessions for a fee, there must be unanimous consent and all players on the team must be included in the training session. There is no other adequate method by which either an actual or perceived conflict of interest can be avoided.

## 24. Summer Programs

CS United firmly believes that the summer break is an opportunity for players and parents alike to have a break from the regular CS United team schedule. Nevertheless, the summer break does provide an opportunity for certain soccer skills to be learned and developed, as well as the possibility of continuing to play within the CS United program. Examples of summer programs include, but are not limited to: Day Camps, Strength and Conditioning Programs, as well as the opportunity for specific age appropriate players to participate in the Y-League program or other summer leagues or tournaments. Please check the Club website at coralspringsunited.com for further details.

# **25. Spring Programs**

CS United offers extra training programs during the spring for players aged U7 – U12 through the World Cup Development Program. This program offers players, who have primarily participated in the CSYS recreational soccer program, an opportunity to continue training with many of the Club's coaches and trainers at a more advanced and

sophisticated level than most would have customarily experienced through the CSYS program. This Program is offered in the Spring, after the CSYS recreational soccer season has ended.

#### 26. Club Event Structure

CS United will be able to provide its players and teams additional support and an enhanced family environment through Club-based events. The most high profile Club events will be our CHAMPIONS CUP in January and our GOLF TOURNAMENT in October. We also participate in the Annual Coral Springs Holiday Parade in December. Other examples of Club-based events may include, but will not necessarily be limited to, multiple team tournament entry, club fund raisers, and other promotional events. CS United will provide advance notice of these events, usually through its website. This structure will give everybody up front knowledge of what events are going to take place on a yearly basis. The club may elect to travel en-mass with multiple teams to tournaments making it easier for carpooling, hotel booking, watching and supporting other teams, and generally promoting club unity. Please remember there may be minor changes along the way. If coaches or teams want to do additional events they are welcome to do so after informing and obtaining approval from the Club. Please check the Club website at coralspringsunited.com for further details and event.

# 27. Guest Playing

"Guest Playing" by CS United players with an outside soccer club will only be permitted in those situations where CS United does not provide a similar playing opportunity to its player, the opportunity presented is rare and unique, and the circumstances provide a developmental or exposure opportunity not otherwise available to the player. An example would be a college showcase tournament which CS United does not plan to attend, and which tournament actually has college scouts and coaches planning to attend (a tournament which merely calls itself a "college showcase" would not be appropriate); and that player's CS United team does not provide sufficient alternative means and opportunities for that player to be "showcased" and exposed to college recruitment or otherwise scouted. Any request for a CS United player to guest play with another team must be made in writing and come from the appropriate representative of the requesting team and be addressed to the CS United President or his designee. CS United must then approve the request and so advise the requesting club in writing. It is only after the written request is made and approved by CS United in writing that the requesting club may contact or otherwise approach the player. Under no circumstances should a CS United player, parent, family member, team manager or representative approach another team, club, or coach directly seeking to guest play with them. Under no circumstances will any CS United player be permitted to practice or play with any other team without first getting approval from the Club. The individual coaches working with CS United are not authorized to make any decisions regarding guest playing on behalf of the Club. All requests to practice or play must be approved as set forth above. CS United will permit guest players from other clubs to participate with CS United in training and/or games. In all situations, the necessary disclosures, approvals, and authorizations established by FYSA and the player's "current" club must be adhered to.

No players "carded" or registered to another club will be permitted to participate in any CS United activities absent written authorization from their "current" club. In all situations where guest players are being sought by a CS United team, said players will only be permitted if there are no suitable players available within CS United. Preference would be given to CS United players within the same age group, rostered to another CS United team, and those in a younger age group players who could compete and benefit from the opportunity to "play up". Only if there are no acceptable options within CS United would guest players be permitted from outside the Club. In all instances, preference in playing time would accrue to the CS United players on the team.

## 28. Participation with School Teams

CS United recognizes the benefit which players derive from participation with their respective High School and Middle School teams. In addition to receiving a different coaching perspective, the physical and social benefits are significant. Most of the High School aged teams will participate in "early season" schedules which provide for those teams to take a break from playing Club games during the High School season. Teams comprised of high school aged players participating in early season will not train during the high school season. An exception would be for those teams preparing for tournament play or some other special event. The risk of overuse injury, burnout, stagnation, or fatigue is too great to require these players to attend what amounts to double training sessions during the high school season. Middle School aged teams are more problematic as their season coincides for the most part with their Club team's season. All of the same factors which are present for the high school players are also present for these players. As such, if players choose to play for their Middle School team, the Club asks that the player attend the session but not train with the Club team on those days when the player has also participated in a game for their Middle School. All players and their parents in these age groups are asked to closely monitor and watch for overuse injuries, fatigue, and burnout among these players and immediately bring any issues to the attention of the coach and the Club. All players who play soccer (or any other sport for that matter) for their Middle School or High School are asked to notify both the Club and the coach in writing of such participation so appropriate precautions and safeguards can be instituted.

# 29. Recreational Leagues

CS United maintains a very strong, positive relationship with the City of Coral Springs Youth Soccer Organization (CSYS), as well as with several other local city leagues. Any CS United player that wishes to play in the recreational city league must direct their request to their CS United coach, and a decision will be made on a case-by-case basis. For CS United players U9 –U14, who are members of one of the Club's competitive travel teams, playing in the recreational city league is not advised, as the recreational city league is in season at the same time as the local travel leagues, SFUYSA and FLUGSA. For CS United players participating in the Training Squad Program, participation in the recreational city league is encouraged as it provides those players with an opportunity to demonstrate and use the skills they have learned and developed through their training against an appropriate level of competition where they can be challenged yet also experience a level of success.

## **30. Preseason Parent Meetings**

At the onset of the fall season each team will have a team meeting with coaches, team managers, parents and players to layout Club and specific team policies and procedures, establish expectations, outline the plans for the team for the upcoming year and take questions.

# 31. Player & Parent Consultations

Players are encouraged to maintain open channels of communication with their coach. There is also an "open door" policy with the Club. If parents want to consult with a coach concerning their child, they should contact the coach by the method established by the coach at the parent meeting, at a time that is convenient with the coach, and at least 24 hours following any significant event. Coaches are not to be approached by parents at training sessions or games, either before or afterwards, concerning players. These are times for both the coach of the team and the players to be focused on the tasks at hand. If you have a coaching concern please direct it to the coach at the appropriate time. Any issues which can not be sufficiently resolved directly with the coach should be directed to the appropriate person as set forth in sections 3 and 7 above.

# 32. Playing Time

All players receive an equal opportunity to participate in each and every training session. There are no guarantees of playing time in games. Playing time is determined based upon the coach's discretion in conjunction with the Club's oversight. Factors such as playing ability, commitment and effort, attendance at games and training sessions, and ability to help the team are determinative of how much playing time each player receives. That said, we expect that if a player is worthy of being selected for a roster spot on one of our teams, that player has the ability to compete and earn playing time. We expect that in operation, each player will receive playing time and opportunities to develop to their full potential. The physical confrontations; game speed from a physical, mental, technical and tactical standpoint; and mental toughness presented through actual game play can be simulated in training sessions, but there is no substitute for the actual games. However, it is also expected that there will be times when it is in the best interests of the team and/or the Club to "shorten the bench" thereby causing diminished playing time for certain players (ie: tournament championships, league winner determinative or seeding matches, or other high profile matches). It is also expected that as players get older, the balance between individual development and "winning" will shift. The emphasis on getting all players time on the field to facilitate individual development, will give way to more importance being placed on the team getting a successful match result to facilitate team/Club development. If at any time, an issue over playing time arises, please feel free to discuss it with your coach and/or the Director of Soccer Operations and/or Technical Director of the Club in accordance with the procedures set forth herein.

## 33. Assessing Coral Springs United Players and Coaches

In order for the Board of Directors and Soccer Operations to know all the players within the Club and their abilities, as well as those of the coaches, a familiarization and assessment program has been established. At selected games and training sessions during the course of the year, members of the Club's Board of Directors and/or the Coaching Committee will assess CS United teams, players, and staff. These assessors will look at players and coaches alike to insure that both player development and coaching practices are reasonable and appropriate and, if necessary, shall confer with the team coach at an appropriate time. This is important in order to continue evaluating players and the coaches at the club throughout the course of the year.

## 34. Recruiting

The Club does not condone recruiting of players already registered with a competing FYSA soccer team, club, or program under any circumstances. If an already registered player, parent, or friend of a player, contacts a CS United coach about moving to a CS United team, dialogue can only continue at a time after the player has been released from their existing team, or at tryouts for the ensuing year. There should never be any dialogue initiated by a CS United coach, parent, player, or friend with a player or parent from another team or club regarding that player moving to CS United. This same policy applies to coaches already registered with a competing FYSA team in the same manner as it does to players.

# 35. Florida High School Activities Association Eligibility Rule

The below rule can impact the High School eligibility of athletes that participate in any athletic activity not sponsored by a high school but which is organized, coached and/or supervised by a high school employee, high school athletic department staff member, or representative of the high school's athletic interests. This Club maintains relationships with various trainers, coaches, and/or staff members, who fall within this FHSAA policy and whose involvement could jeopardize a player's first year of high school eligibility. Please contact the Board of Directors if you have any questions or concerns regarding the FHSAA's Eligibility Rule.

- **9.2.4 Participation in Non-School Athletic Activities Affiliated with a School.** A student who participates in any non-school athletic activities affiliated with a school that the student does not attend or did not attend in the previous school year and then establishes his/her residence at the affiliated school within one calendar year of such participation will not be eligible in the new school until the student has been in attendance at that school for one calendar year. Establishing such residence is bona fide evidence that the student is attending the school in whole or in part for athletic reasons. **9.2.4.1 Non-School Athletic Activities Affiliated with a School.** Non-school athletic activities affiliated with a school are any athletic activities not sponsored by the school but are organized, coached and/or supervised by a school employee, athletic department staff member, or representative of the school's athletic interests (as defined by FHSAA Policy 36.2.1.1), or in which the majority of participants are students who attend the school. Such activities include, but are not limited to:
- (a) club teams;
- (b) travel teams;
- (c) grade school teams;

- (d) recreational league teams;
- (e) personal instruction sessions; and
- (f) any other type of activity determined by the FHSAA to be an athletic activity.

# 36. Player/Parent Agreement

The Player/Parent Agreement is to be signed at the time of Registration through GotSoccer. Doing so encompasses an understanding and acceptance of all guidelines set forth by the Coral Springs United Board of Directors. In the event that any piece of information may be contradictory between the two documents, the Player/Parent Agreement signed in GotSoccer will take precedence.